



MOUNT DE SALES ACADEMY ATHLETIC CONDUCT POLICY

*Submit to Athletic Department

Sailor athletics provides the opportunity for our athletes to develop a firm foundation in the areas of fundamentals, skills, and strategies in a highly competitive and successful environment. More important, however, is the mission to give guidance in developing integrity, sportsmanship, self-concept, team-concept, cooperative skills, self-discipline, and perspective in relation to sports competition.

The Mount de Sales code of conduct for student-athletes and parents details many of the aforementioned traits. As coaches, athletes and parents, we must acknowledge these policies and strive to uphold them in all our athletic endeavors. By attaching signatures to this document we acknowledge the existence and importance of said policies and procedures and accept any consequence as a result of breach to them.

As the **head coach**, I shall exemplify and instruct the highest moral character, behavior, and leadership. I shall respect the integrity and personality of the individual athlete and abide by all rules and guidelines as directed by the IAAM and Mount de Sales.

Head Coach Signature: _____ Date: _____

As a **student athlete**, I shall exemplify the highest moral character, behavior, and sportsmanship. I shall respect the coaching efforts and sacrifices made by the coaching staff and my parents, and will act in a manner that reflects appreciation. I shall abide by all rules and guidelines as directed by the IAAM and Mount de Sales, and accept responsibility for any sanctions as a result of breach of said policies.

Further, I acknowledge and accept the following:

- My conduct on and off the court, field, pool, may impact on the amount of playing time I receive and/or my position on the team.
- Negative conduct toward opponents, spectators, coaches, or officials may impact on the amount of playing time I receive.
- My failure to consistently demonstrate team play, will impact on the amount of playing time I receive.
- I will commit myself to the team concept... that we win and lose as a team and my worth to the team is never measured by the points I scored or the number of minutes I played.
- I acknowledge that participation in athletics brings with it, among others, the development of self-concept, team-concept, integrity, sportsmanship, self-discipline, time management, self-respect, respect for others, and that athletics is far more than just the competition.
- I will notify a coach, well in advance, of any practice or game that I cannot attend.

Student Athlete Signature: _____ Date: _____

As a **parent(s)/guardian(s)**, I respect the efforts and sacrifices made by the coaching staff and my daughter, and I will act in a manner that reflects appreciation. I respect the skill, integrity and judgement of the coaching staff, and I will support all decisions made by them. It is clear to me that the experience athletics offers my daughter is much more than the fleeting moments in a competition, or a win-loss record. Further, I acknowledge and accept the following:

- My daughter is not guaranteed any certain amount of playing time, and I will respect the coach's decision pertaining to such.
- Negative conduct toward opponents, spectators, officials, or coaches may adversely affect my daughter's success on the team.
- I will not approach a coach after a game and express concerns regarding the team's operation, I will respect the 24 hour rule.
- I will refrain from coaching my daughter or any team member from the sidelines or stands.
- Unsportsmanlike conduct on my part could lead to my exclusion as a spectator at MDSA games.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Athletic Director Signature: _____ Date: _____