



## **Mount de Sales Athletic Information 2017-2018**

*Mount de Sales offers the following Fall sports:*

Cheerleading, Cross Country, Field Hockey, Soccer, Tennis, and Volleyball

**Fall sports forms are due Wednesday, August 9th, 2017**

**Fall sports tryouts begin Wednesday, August 16th, 2017**

**Mandatory Parent/Guardian & Athlete Meeting Wednesday, September 6th, 2017 @ 6:30 p.m.**

**Fall Sports Banquet Thursday, Nov. 15th, 5 p.m. team gatherings 6:30 p.m. awards ceremony**

*Mount de Sales offers the following Winter sports:*

Basketball, Cheerleading, Indoor Track and Field, and Swimming

**Winter sports forms are due Friday, October 27th, 2017**

**Winter sports tryouts begin Monday, November 6th, 2017**

**Mandatory Parent/Guardian & Athlete Meeting Tuesday, November 14th, 2017 @ 6:30 p.m.**

**Winter Sports Banquet Thursday, March 1st 5 p.m. team gatherings 6:30 p.m. awards ceremony**

*Mount de Sales offers the following Spring sports:*

Golf, Lacrosse, Outdoor Track and Field, and Softball

**Spring sports forms are due Friday, February 9th, 2018**

**Spring sports tryouts begin Tuesday, February 20th, 2018**

**Mandatory Parent/Guardian & Athlete Meeting Monday, February 26th, 2018 @ 6:30p.m.**

**End of Year Sports Banquet Friday, May 18th, 2018 5:00 p.m. team gatherings 5:45 p.m.**

**bbq dinner, 6:30 p.m. - awards presentation.**

## **REQUIRED ATHLETIC FORMS**

All athletes are required to submit all forms (conduct form, physical assessment part 2, parental consent, permission to travel and have completed ImpACT test) by the due date. **Fall: August 9. Winter: October 27. Spring February 9.** Failure to complete all forms will result in the student sitting out first day of tryouts. (This may impact tryout standing. Forms will only be accepted **IN PERSON** and should be given to Adam Noto or Alex Chambers in the Athletic Offices. Forms will be accepted on Tuesday Wednesday and Thursday Starting June 20<sup>th</sup> from 9-3 p.m.

Mr. Noto and Mrs. Chambers will be out of the office and will be unable to receive forms on **June 15 and 16 and July 3, 5, 6, 26, and 27.**

### **The required forms to be submitted to the Athletic Department are:**

**Parental Consent** - Completed & signed by parents/guardians.

**Permission to Travel** – Completed and signed by parents/guardians.

**Athletic Conduct** - Signed by parents/guardians & student before submission. Signed by coach & athletic director after submission.

**Medical - Health Assessment** – is to be completed & signed by parent/guardian & student.

Physical– must be completed & stamped by a physician **after March 1<sup>st</sup>, 2017 & before August 7<sup>th</sup> 2017.**

**ImpACT Test** - Before trying out for a team, all student athletes must complete the computerized ImpACT test at Mount de Sales Academy. ImpACT tests must be taken every two years. The purpose of this test is to establish a baseline in the event of a concussion occurring to help facilitate a safe return to play. **The test location for all ImpACT tests is in B211** computer lab. Students are also encouraged to bring their own device to use for the test.

#### **ImpACT dates available:**

*Monday, July 17<sup>th</sup>: 10 a.m., 11 a.m., 12 p.m.*

*Tuesday, July 18<sup>th</sup>: 3 p.m., 4 p.m., 5 p.m.*

*Wednesday, July 19<sup>th</sup>: 10 a.m., 11 a.m., 12 p.m.*

*Thursday, July 20<sup>th</sup>: 3p.m., 4 p.m. 5 p.m.*

*Monday, August 7<sup>th</sup>: 3 p.m., 4 p.m., 5 p.m.*

*Tuesday, August 8<sup>th</sup> 10 a.m., 11 a.m., 12 p.m.*

*Wednesday, August 9<sup>th</sup>: 3 p.m., 4 p.m., 5 p.m.*

*Thursday, August 10<sup>th</sup>: 10 a.m., 11 a.m., 12 p.m.*

\*LAST DAY FOR  
FALL SPORTS\*



To sign-up for ImpACT test email Alex Chambers, Assistant Athletic Director  
[achambers@mountdesales.org](mailto:achambers@mountdesales.org)

All athletic forms are available online at  
<https://www.mountdesalesacademy.org/athletics/teams>

Visit the MDSA website under the **ATHLETIC TAB** for tryout information.

### **Mandatory Parents/Guardians & Athletes Meeting?**

A mandatory meeting will be held *after tryouts and at the beginning of each season* in the Mount de Sales gymnasium for the parents/guardians and student athletes.

Coaching staff will be introduced and school, team and league regulations will be discussed. Questions concerning health issues and the upcoming athletic seasons will be addressed. Individual team meetings will occur directly following the large group meeting. For more information call Adam Noto, Athletic Director, at 410.744.8498 x161.