



Mount de Sales Academy FLEX Service Form 2018-2019

Name _____ Grade _____ Religion Block _____

Flex Service Hours: Students meet Christ through service in their parish, school, or wider community. All extra quarterly hours also count as flex. Hours may be done throughout the school year, including the summer before the current year. Hours must abide by handbook guidelines and completed by posted due dates. Signature for service completed should be obtained in a timely manner (the day of or within 2 weeks of completing the service).

Date of service	Time spent serving	Organization	What I did	Supervisor information (<i>print</i> name & phone #)	Supervisor's position at the organization	Supervisor's signature (and date of signature) verifying service completed
9/1/13	1 hr.	Our Daily Bread	Served food	P. Frassati 777-7777	Meal Coordinator	<i>Pier Giorgio Frassati 9/1/13</i>

Total FLEX hours for 2018-2019: _____

IMPORTANT: Supplementary information/emails may be attached but may not substitute for this form. If the number of hours is changed, supervisors will be called.