



Mount de Sales Academy

March 2018

Dear Parent/Guardian,

Welcome to Mount de Sales Academy! We look forward to helping your daughter experience enjoyable, faith-filled and healthy high school years.

We ask that you carefully read and complete the attached health forms according to explained requirements. We are sending this earlier this year to allow time to make appointments to meet the deadline for returning completed health forms. As parent/guardian, it is ***your responsibility*** to verify that all information is completed and returned to the ***Nurses' Office*** no later than August 1, 2018. ***No student may attend classes, tryouts, rehearsals or practices until forms have been received.***

PART I- Health Assessment (required annually)

All information is confidential. If your daughter is under a physician's care or taking medication on a regular basis, please include that information on the form. This form is to be completed annually by **ALL** students and signed by both student and parent/guardian.

PART II- Physical Assessment (required)

Physical exams must be done after March 1, 2018 and are required for **ALL** students **NEW** to **MDSA**, as well as, any student who will try-out for an **Interscholastic Sport for the fall of the 2018-19 school year**. ALL forms are due no later than August 1, 2018. New/transfer students will not be permitted to attend school without a physical dated between March 1, 2018 and August 1, 2018. Please see online school calendar for winter and spring physical assessment due dates.

PART III-Immunization Record (required)

Record of Immunization (DHMH 896) must be up-to-date in our office by August 1, 2018. Baltimore County Health Department requires up-to-date immunization records on file for a student to attend school. If your daughter is transferring to MDSA, please arrange for the form DHMH 896 and health records to be forwarded by her previous school. ***No students are permitted to start school without this form.*** If you are an upper classman this should already be in your file. There is no need to resend unless you have updated immunizations.

PART IV- Consent For Medication

Under the advisement of Baltimore County Department of Health/School Nurses and in compliance with the Nurse Practice Act, we will not dispense any medication without the written consent of the parent and physician/health care provider.

Consent for Over-the-Counter (OTC) Medication (updated yearly) gives permission from both you and your daughter's physician/health care provider for us to administer the over-the-counter (OTC) medicines, which will be available to the girls for occasional symptoms. This form must be completed yearly.

Consent for Prescription Medication (Epi-Pens, antibiotics, inhalers, etc.) that may be given during the school day must be accompanied by a signed order from the prescribing physician/health care provider and be in the original container (your pharmacist will give you a second labeled container for school use if you request it). Because of the possible reactions to medication you must give the **FIRST** dose of any new prescription or OTC medication at home, except for "as needed" (PRN) emergency meds for allergies. If your daughter is required to carry an inhaler or Epi-Pen (with signature permitting such from an authorized prescriber) it is strongly recommended that an **extra** inhaler or Epi-Pen be stored in the Nurses' Office for emergency use. We ask the parent/guardian to deliver new medication to the school. Medications may **NOT** be kept in students' lockers or backpacks. Unused medication is to be picked up by a parent/guardian at the end of the school year or it will be discarded.

Your cooperation is appreciated. Please call if you have any questions regarding any aspect of these policies. They are designed with the best interest of your daughter(s) in mind. Questions may be directed to the Nurses' Office by calling 410.744.8498 x206. We look forward to a happy and healthy year for all.

Sincerely,

Mary Beth Audy, RN Nancy Lukowski, RN
School Nurse School Nurse